



JUNE IS RECREATION AND PARKS MONTH



**WEDNESDAYS, JUNE 3**

Hatha Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

**THURSDAYS, JUNE 4**

Flow Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

**FRIDAY, JUNE 5**

LEARN Magic with Gil

Get ready to take an amazing adventure into the exciting world of magic. Learn magic tricks that you will want to share with others.



**SATURDAY, JUNE 6**

Farmers Market

7 a.m. to 2 p.m. featuring over 55 vendors including **Music in the Square** with B4 Midnight.

📍 Market Square  
91 King St.

**TUESDAY, JUNE 9**

Summer program registration

online opens at 6 p.m. for residents.

**WEDNESDAYS, JUNE 10**

Hatha Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

Garden City Golf Course

Lace up your skates for public skating

**THURSDAYS, JUNE 11**

Flow Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

**SATURDAY, JUNE 13**

Doors Open St. Catharines

10 a.m. to 4 p.m. | Free

Nineteen organizations will welcome visitors free of charge, offering a rare opportunity to explore some remarkable buildings and spaces across the city. Discover local history, meet community members and experience the stories that continue to shape St. Catharines.

DoorsOpenOntario.on.ca

📍 Various locations across the city

Farmers Market

7 a.m. to 2 p.m. featuring over 55 vendors including **Music in the Square** with Take Two.

📍 Market Square  
91 King St.



Play a round of disc golf in Richard Pierpoint Park

Enjoy a trail



**WEDNESDAYS, JUNE 17**

Hatha Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

**THURSDAYS, JUNE 18**

Flow Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

**St. Catharines Museum and Welland Canals Centre** is open daily 9 a.m. to 5 p.m. Admission is by donation.

**Lakeside Park Carousel** for the young and young at heart! Open Saturdays and Sundays from 11 a.m. to 8 p.m. The Carousel is still 5 cents a ride or admission by donation.



JUNE IS RECREATION AND PARKS MONTH



NEW outdoor dedicated pickleball courts at Burgoyne Woods Park



**SATURDAY, JUNE 20**

**Farmers Market**  
7 a.m. to 2 p.m. featuring over 55 vendors including **Music in the Square** with John Restas.

📍 Market Square  
91 King St.

**MONDAY, JUNE 22**

**Indoor Pickleball Courts**

Open daily at 9 a.m., 12 p.m., 3 p.m. and 6 p.m.

📍 Seymour-Hannah Sports and Entertainment Centre

**TUESDAY, JUNE 23**

**Intro to Forest Therapy**

10:30 a.m. | \$15

In our busy world, we often don't take time to just be present in nature. Join us for a 90-minute nature experience that includes a gentle meditative walk (approximately 1 km) where simple invitations will be offered to engage your senses, bring you into the present moment, and deepen into a connection with nature.

We breathe in and out of group and personal time. There will be opportunities to reflect, share, and listen with sharing always optional. You'll be invited to sit with the group for a time. Mats and stools will be provided.

Cool off at a splash pad

**WEDNESDAYS, JUNE 24**

**Hatha Yoga | 6 a.m.**

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

**THURSDAYS, JUNE 25**

**Flow Yoga | 6 a.m.**

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

**FRIDAY, JUNE 26**

Outdoor swimming pools and the St. Catharine Kiwanis Aquatics Centre open for the summer season

**SATURDAY, JUNE 27**

**Farmers Market**

7 a.m. to 2 p.m. featuring over 55 vendors including **Music in the Square** with Real Kevin.

📍 Market Square  
91 King St.

Tennis lessons for all ages available on Tuesdays at Port Weller Community Centre

**SCAN TO LEARN MORE**



Stroll the labyrinth at Fairview Park

