



JUNE IS RECREATION AND PARKS MONTH



WEDNESDAYS, JUNE 3

Hatha Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

THURSDAYS, JUNE 4

Flow Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

FRIDAY, JUNE 5

LEARN Magic with Gil

Get ready to take an amazing adventure into the exciting world of magic. Learn magic tricks that you will want to share with others.



SATURDAY, JUNE 6

Farmers Market

7 a.m. to 2 p.m. featuring over 55 vendors including **Music in the Square** with B4 Midnight.

📍 Market Square
91 King St.

TUESDAY, JUNE 9

Summer program registration

online opens at 6 p.m. for residents.

WEDNESDAYS, JUNE 10

Hatha Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

Garden City golf course

Lace up your skates for public skating

THURSDAYS, JUNE 11

Flow Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

SATURDAY, JUNE 13

Doors Open St. Catharines

10 a.m. to 4 p.m. | Free

Eighteen organizations will welcome visitors free of charge, offering a rare opportunity to explore some remarkable buildings and spaces across the city. Discover local history, meet community members and experience the stories that continue to shape St. Catharines.

DoorsOpenOntario.on.ca

📍 Various locations across the city

Farmers Market

7 a.m. to 2 p.m. featuring over 55 vendors including **Music in the Square** with Take Two.

📍 Market Square
91 King St.



Play a round of disc golf in Richard Pierpoint Park

Enjoy a trail



WEDNESDAYS, JUNE 17

Hatha Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

THURSDAYS, JUNE 18

Flow Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

St. Catharines Museum and Welland Canals Centre is open daily 9 a.m. to 5 p.m. Admission is by donation.
Lakeside Park Carousel for the young and young at heart! Open Saturdays and Sundays from 11 a.m. to 8 p.m. The Carousel is still 5 cents a ride or admission by donation.



JUNE IS RECREATION AND PARKS MONTH



NEW outdoor dedicated pickleball courts at Burgoyne Woods Park



SATURDAY, JUNE 20

Farmers Market

7 a.m. to 2 p.m. featuring over 55 vendors including **Music in the Square** with John Restas.

📍 Market Square
91 King St.

MONDAY, JUNE 22

Indoor Pickleball Courts

Open daily at 9 a.m., 12 p.m., 3 p.m. and 6 p.m.

📍 Seymour-Hannah Sports and Entertainment Centre

TUESDAY, JUNE 23

Intro to Forest Therapy

10:30 a.m. | \$15

In our busy world, we often don't take time to just be present in nature. Join us for a 90 minute nature experience that includes a gentle meditative walk (approximately 1km) where simple invitations will be offered to engage your senses, bring you into the present moment, and deepen into a connection with nature.

We breathe in and out of group and personal time. There will be opportunities to reflect, share, and listen with sharing always optional. You'll be invited to sit on the group at time. Mats and stools will be provided.

Cool off at a splash pad

WEDNESDAYS, JUNE 24

Hatha Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

THURSDAYS, JUNE 25

Flow Yoga | 6 a.m.

📍 St. Catharines Kiwanis Aquatics Centre

Reservation required WEEKLY

FRIDAY, JUNE 26

Outdoor swimming pools and the Kiwanis Aquatic Centre open for the summer season

SATURDAY, JUNE 27

Farmers Market

7 a.m. to 2 p.m. featuring over 55 vendors including **Music in the Square** with Real Kevin.

📍 Market Square
91 King St.

Tennis lessons for all ages available on Tuesdays at Port Weller Community Centre

SCAN TO LEARN MORE



Stroll the labyrinth at Fairview Park



Register at stcatharines.ca/ActiveSTC

