

activestc

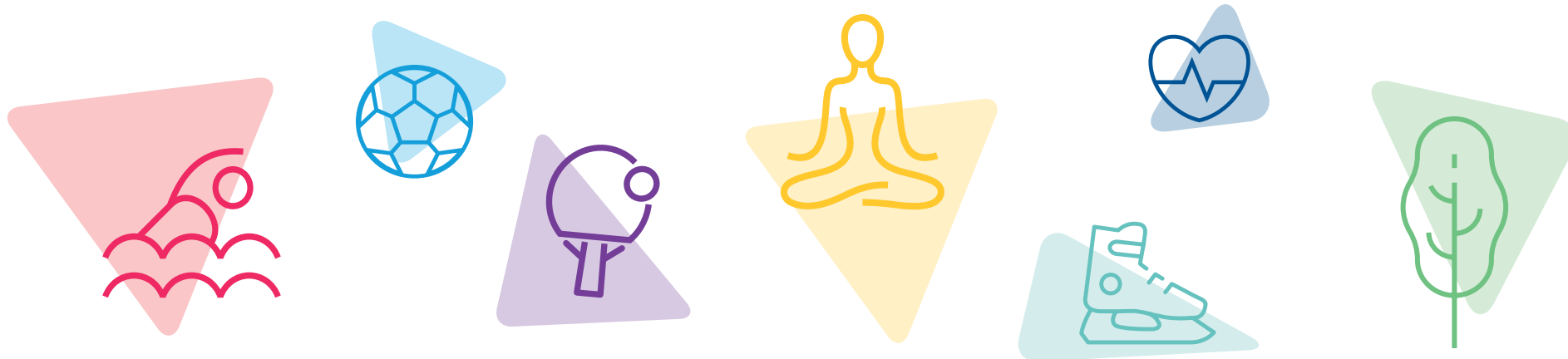
Program Highlights

stcatharines.ca/ActiveSTC



Fall 2025

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stay active

Learn how to join our portal for program registration, facility reservations and more!

Browse a variety of activities and programs.
Register today at stcatharines.ca/ActiveSTC

Creating an account

1. Go to stcatharines.ca/ActiveSTC
2. Click "Create an Account"
3. Follow instructions to create your account

Activity registration

1. Go to the "Activities" tab
2. Find available programs and click "Enroll Now"
3. Select participant, follow prompts and click "Add to Cart"
4. Select "My Cart", initial the waivers and click "Check Out" to proceed with payment

Payment methods

We accept VISA, MasterCard and AMEX

Contact us

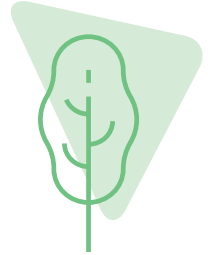
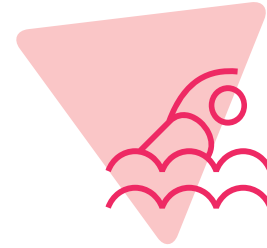
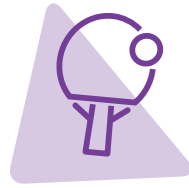
activeSTC@stcatharines.ca | 905.688.5600

** Programs are subject to change without notice.*

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Aquatics
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Preschool

(up to 6 years)

Fee assistance is available through the
Fee Assistance in Recreation Program

Aquatics

Parent & Tot (4 months to 3 years)

Three introductory levels, where in-water interaction between parent and child stresses the importance of play in developing water-positive attitudes and skills. Parents register in the level appropriate for their child's age.

Preschool (3 to 6 years)

Five different levels begin by teaching how to get in and out of the water, opening eyes underwater, jumping in with a lifejacket, kicking, forward rolls, and front and back crawl swims. Learn to float and glide on both front and back, get face wet, blow bubbles and submerge and exhale underwater. Later levels teach sideways entry and recovering objects from waist-deep water. Advanced levels provide lessons in opening eyes underwater, forward roll entry wearing a lifejacket, and treading. Work on interval training and learn a whip kick.



Music and Dance

Tiny Tot Dance (3 to 5 years)

Participants will learn basic ballet and jazz steps, working towards a dance performance at the end of the session. Emphasis on improving coordination through movement.

Music and Dance

Parent Participation

Smart Start: Music Classes for Babies (0 to 1 year)

In partnership with Hands in Harmony Piano Studio, we are excited to offer the Smart Start Music Program.

In this program, children are naturally curious about music from a very early age, and the positive atmosphere of this class helps foster lifelong connections with music, builds strong parent-child emotional bonds, and provides a weekly forum for social interaction.

The goal of this course is to expose you and your child to the basic concepts of music through sensory awareness and self-creation, with particular attention paid to beat, rhythm, and listening skills.

Zumbini

Zumbini® program combines music, dance, and educational tools for 45 minutes of can't-stop, won't-stop bonding, learning, and fun!

Zumbini is a parent-child program designed for kids and toddlers and their parents or caregivers. The program focuses on bonding experiences between kids and parents, kids and kids, and parents and parents, using a mix of music and movement. Music plays a huge role in every child's life

Preschool

(up to 6 years)

Fee assistance is available through the
Fee Assistance in Recreation Program

Special Interest Parent Participation

Fun with Friends (1 to 2 years)

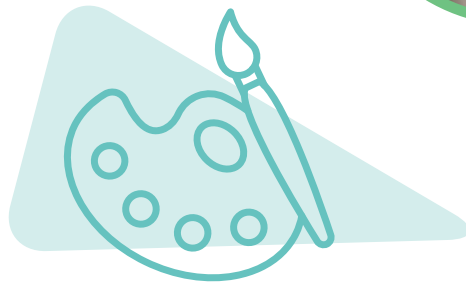
Enjoy stories, songs, crafts, and exploration. Emphasis on social skills like sharing, cooperation, manners and friends.

Kinder Kids (3 to 5 years)

Free play, songs, crafts and exploration with emphasis on school readiness, social interaction, imagination, creativity and self-discovery

Preschool Picasso (3 to 5 years)

Child and caregiver create fun masterpieces together inspired by famous artists. Includes circle time, music and free play.



Sports Parent Participation

Sportball - Parent and Child Multi-Sport

Children and parents are introduced to eight different sports through creative storylines, songs, rhymes and much more. The program focuses on exploration and children will be introduced to a different sport each week. Parents are encouraged to participate with their child and challenge them according to their skill level.



Children

(4 to 14 years)

Aquatics

Swimmer (5 to 12 years)

Start by becoming comfortable jumping into water with and without a lifejacket. Learn to open eyes, exhale, and hold breath underwater. Work on floats, glides and kicking through the water on front and back. Later levels learn stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. Develop strength and power in head-up breaststroke sprints over 25 metres. Swim lengths of front crawl, back crawl, and breaststroke, and build endurance with a 300-metre workout.

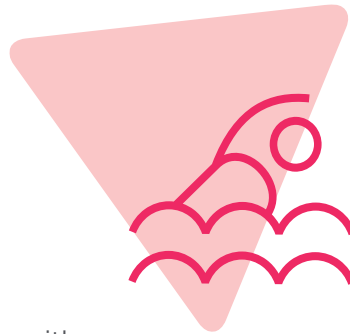
Rookie, Ranger, Star Patrol (8 to 14 years)

Swimmers will progress through all levels of the Swim Patrol program. Participants work on stroke development, lifesaving sport skills, first aid, fitness, timed object support and rescue. Later levels teach important lifesaving skills including defence methods, victim removal and rolling over and supporting a victim face up in shallow water.

Arts and creative development

Art Club: Holiday Edition with Creative Bug (5-10 years)

Let's get ready for the holidays! The Creative Bug team is excited to share some of our favourite Christmas ornaments with your artists! We will sculpt, paint, and create memories with your artists so you can enjoy them year after year!



Fee assistance is available through the Fee Assistance in Recreation Program

Art Club with Creative Bug: Wild at the Zoo

Creative Bug Presents: Go Wild at the Zoo!

We are excited to share with you 8 weeks of art ending with an art show on Nov. 4, 5:45 p.m. to 6:30 p.m.!

Our team had so much fun planning a trip to our Art Zoo! We will celebrate our favourite animals BIG and small, feathered and furry!

We will enjoy a variety of mediums including acrylic paint, watercolours, clay and more! All art will be available for pick up starting at 6:30 p.m. on Nov. 4 (after the art show).

Exploring The Arts w. Creative Bug: Perspective (7-14 years)

Our Exploring the Arts Program will take a step back and look for another perspective to view the world by. We will explore perspective through photography, paint and sketching to name a few. All art will be available for pick up starting at 6:30 p.m. on Nov. 4 (after the art show).

Beginner Sewing Club with Creative Bug Sunshine Rainbow Mug Rug (6-10 years)

Your artist will design a Sunshine Rainbow Mug Rug (approx 10"x6") from a selection of fabrics and bring it to life while learning how to set up their station, troubleshoot, and become more proficient on a sewing machine.

This program will end with an art show on Nov. 4, 5:45 p.m. to 6:30 p.m. so artists can share their work with friends and family!

All art will be available for pick up starting at 6:30 p.m. on Nov. 4 (after the art show). Sewing machine and materials provided.

Children

(4 to 14 years)

Fee assistance is available through the
Fee Assistance in Recreation Program

Arts and creative development

Beginner Sewing Club with Creative Bug

Reindeer Plush (6-10 years)

Your artist will be deer-lighted with this sweet Reindeer Plush! Everyone will have the opportunity to learn or start to become more comfortable with setting up their station, troubleshoot, and become more proficient on a sewing machine. Beginners are welcome! Sewing machine and materials provided.

Intermediate Sewing Club with Creative Bug (9-16 years)

Heather is excited to offer an opportunity for artists who have some sewing experience to learn more skills and independence in sewing. If your artist has spent time sewing, can set up their own machine, and sew independently, this is the program for them!

Each artist will design, sew, and quilt their own Gnome Mini Quilt (approx. 26x26).

This program will end with an art show on Nov. 4, 5:45 p.m. to 6:30 p.m., so artists can share their work with friends and family. All art will be available for pick up starting at 6:30 p.m. on Nov. 4 (after the art show).

Enthusiastic beginners over the age of 10 may also join this program! Sewing machine and materials provided.



Creative Bug is proud to bring art to your community along with creative leadership and employment opportunities for youth as they learn how to design and facilitate programs while building confidence and having fun. Registration fees support the class materials, wages, and mentorship of future leaders.

Intermediate Holiday Sewing with Creative Bug (7-14 years)

Creative Bug has helped hundreds of artists design and create their own Plush Gnomes – it has been a holiday favourite for years at the studio and in the community, and now it's your turn!

Artists will choose their fabrics from a selection of precut pieces to assemble a gnome that will delight them for years to come!

This program is for artists who have some sewing experience to learn more skills and independence in sewing. If your artist has spent time sewing, can set up their own machine, and sew independently, this is the program for them!

Enthusiastic beginners over the age of 10 may also join this program! Sewing machine and materials provided.

Print Making For Kids (7 to 11 years)

Join Miss Kathy to create a cool canvas and acrylic 'selfie' and try some printmaking techniques. This is a 4 week class for kids 7-11. Come prepared for mess and fun.

Children

(4 to 14 years)

Dance

Think You Can Dance? (6 to 8 years)

This course will challenge your dance each week as they explore several different styles and genres of dance. Try out some hip-hop, contemporary, ballet and more.



Special Interest

Connected & Confident! Nature Adventures (6 to 14 years)

This playful and empowering 7-week summer program helps kids grow their confidence, creativity, and emotional awareness through nature-based adventures. Starting at the Port Weller Community Centre, each 2-hour session will head into Malcomson Eco Park to combine mindful hiking, yoga, and creative reflection supporting self-identity, resilience, and connection to the natural world in a fun, active way.

Kids and Youth Yoga (4 to 7 years, 8 to 14 years)

Get ready to rock some awesome and empowering yoga moves with our yoga program designed just for kids and tweens. Every week, we'll dive into exciting themes to amp up mindfulness and arm them with superpowers for a happier life. Expect fun games, activities and yoga poses to help them tune into their body and mind, spreading good vibes at home, school, and beyond!

Fee assistance is available through the Fee Assistance in Recreation Program

Kids Who Can: Coding (Beginner / Intermediate)

Learners will use code and be creative while telling their own stories, creating animations, and building their own games. We teach the fundamentals of coding using a basic coding platform.

All technology provided.

Parents are welcome at the end of the class to see the animated story, cartoon, or project their child has created.

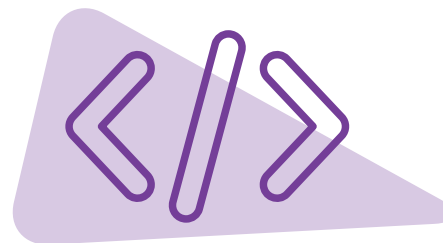
Contact info@kidz-who-can.com if you have any additional questions about the correct level for your student.

Laptop / Tablet Provided.

Kids Who Can: Code with Python

Welcome to the exciting world of Python, where text-based coding becomes an adventure for young minds aged 8 to 12. Through this journey our mini-programmers will learn one of the world's most friendly and accessible coding languages used by developers, data scientists, and tech enthusiasts worldwide. Join us as we transform coding into a playful and educational experience, fostering creativity and problem-solving skills in a fun and supportive environment. While no experience in Python is required, we recommend this class for students who already have some familiarity with coding (in Scratch or similar platforms).

All technology provided.



Register at stcatharines.ca/ActiveSTC

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Children

(4 to 14 years)

Fee assistance is available through the
Fee Assistance in Recreation Program

Special Interest

Little Doctor: Sports Medicine Edition

In partnership with Little Medical School, we are excited to offer Little Doctor: Sports Medicine Edition. Our program is designed to expose students to a variety of careers in the medical and STEM fields with students exploring a new option each week.

Little Medical School - Equine Adventures: Horse Vets

In partnership with Little Medical School, we are excited to offer Little Doctor: Equine Adventures - Horse Vets In The Making.

Little Medical School - First Responder: Heroes In Training

In partnership with Little Medical School, we are excited to offer Little Doctor: First Responders: Heroes In Training (Jr and Sr).

Little Medical School Marine Biology: Turtle Rescue

In partnership with Little Medical School, we are excited to offer Marine Biology - Under the Sea Whale and Friends Adventures. Dive into the world of marine biology on this extraordinary expedition! Our program gives participants a hands-on, dynamic introduction to whales and under the sea friends. This engaging program culminates in their graduation as Little Marine Biologists, empowering them to protect our oceans!

Little Medical School: Forensic Science STEM Sleuths

In partnership with Little Medical School, we are excited to offer Forensic Science - STEM Sleuths.

Our Forensic Science STEM Sleuths program is designed to expose students to forensic science techniques used to solve a crime.

Students will conduct experiments on fingerprinting, collecting shoe prints, chromatography, composite drawing, facial reconstruction, toxicology, and handwriting analysis. The class culminates with the student team working together to solve a crime.

Little Medical School: Little Fitness and Nutrition School

Little Medical School: Little Fitness and Nutrition School

Little Medical School: STEM Career Exploration

In partnership with Little Medical School, we are excited to offer Medical & STEM Career Exploration. Our program is designed to expose students to a variety of careers in the medical and STEM fields with students exploring a new option each week.

Children

(4 to 14 years)

Fee assistance is available through the
Fee Assistance in Recreation Program

Special Interest

Little Veterinarian - Pawsome Adventure

In partnership with Little Medical School, we are excited to offer Little Veterinarian - Pawsome Adventure.

After “adopting” their very own plush puppy, students will role-play the key responsibilities of a veterinarian, including how to properly perform a nose-to-tail exam.

These future veterinarians will learn how to sew stitches, remove ticks, make healthy treats, and vaccinate their dog.

Our program concludes with the little vets graduating, receiving a diploma, and reciting the Vet Oath to their family and friends!

RoboThink Niagara: Battle Robots

Can you build the strongest and most agile robot? Can your robot win a head-to-head combat mission? Learn engineering strategies for building sturdy structures using unique RoboThink bricks, and then apply that knowledge to build multiple robots for a variety of friendly competitions.

RoboThink Niagara: Demolition Robots

It's construction time! In this action-packed program, students will design and build powerful machines used on real job sites - from bulldozers and dump trucks to wrecking balls and power drills. Through fun challenges and guided exploration, they'll develop problem solving skills and gain confidence as young engineers.

RoboThink Niagara: Engineer Race Cars

Hit the racetrack with RoboThink! In this thrilling program, students will not only build and race a variety of different race cars, they'll also be learning about different parts of a car like the transmission, pistons, and differentials! No prior experience needed, just make sure to bring your racing gloves!

RoboThink Niagara: RoboPetz

Welcome to the RoboThink RoboPetz Store! In this imaginative and interactive program, students build their own robotic animals - from adorable puppies and baby elephants to magical unicorns. It's a creative journey where engineering meets imagination.

Sports

Basketball with Yaguars Sports and Social Club

(Boys: 10-14 years, Co-Ed: 8-10years, Girls: 10-14 years)

Join Yaguars Sport and Social Club for some Basketball. Children will learn fundamental skills of basketball through drills for the first 35 minutes and then they will be divided into teams for fun, recreational play with the Yaguars coaches.



Children

(4 to 14 years)

Fee assistance is available through the
Fee Assistance in Recreation Program

Sports

Fencing (7 to 10 years and 11 to 14 years)

Fencing is a classic art. Learn to master the basic techniques with all the benefits of cardio exercise. This program will improve lower body strength and speed, as well as hand-eye coordination. This sport develops concentration, agility and precision. Instructors are certified.

Indoor Soccer (Futsal) U12

Futsal is the only form of indoor soccer sanctioned by FIFA. Emphasis is on basic soccer skills, developing reflexes, coordination, ball control, fitness training and physical literacy.

Indoor Soccer (Futsal) U8

Futsal is the only form of indoor soccer sanctioned by FIFA. Emphasis is on basic soccer skills, developing reflexes, coordination, ball control, fitness training and physical literacy.

Karate (6 to 8 years and 9 to 12 years)

Learn the basic principles of karate. Emphasis will be on improved coordination, courtesy, self-confidence and control.



Sportball - Jr. Multi-Sport Indoor

Children are introduced to the FUNdamental skills associated with eight different sports. Structured around a play-based curriculum, these classes are a fantastic kick start for an active life. Our Multi-Sport classes feature unique lesson plans, creative story lines and skill-based activities suitable to the developmental age of each child.

Sportball - Multi-Sport

Children learn the fundamentals of eight different sports in a fun, stress-free, non-competitive setting. Our Multi-Sport classes keep children moving and engaged and send them home with a new skill from a different sport each class. If you're looking for a way to give your child a well-rounded sports-base that promotes their independence and leaves room for specialization later, look no further.

Yaguars Futsal

(7-8 years, 9-10 years, 11-12 years, 13-14 years)

Join Yaguars Sport and Social Club for some Futsal. Children will be divided into two teams for fun, recreational play with the Yaguars coaches. Futsal is an exciting, fast-paced, small-sided football/soccer game emphasizing technical skills and abilities on a smaller scale, which is cited by many professional players as a key part of their development.

Due to space limitations, no parents/family members are allowed in the gym. Viewing by parents will be difficult.

Youth

(12 to 17 years)

Fee assistance is available through the
Fee Assistance in Recreation Program

Aquatics

Bronze Star (12+ years)

Swimmers will develop problem solving and decision-making skills individually and in partners. Learn how to keep a cool head and take charge in an emergency. Emphasis on swimming skills and lifesaving fitness. Development of water smart confidence and the lifesaving skills needed to be their own personal lifeguard. The Bronze Star award is excellent preparation for success in the Lifesaving Society's Bronze Medallion program.

Bronze Medallion (13+ years)

In this class participants will understand the lifesaving principles embodied in the four components of water rescue education - judgment, knowledge, skill, and fitness. Rescuers learn tows and carries, as well as defense methods and releases in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a 500-metre timed swim.

Prerequisites are: 13 years of age or Bronze Star



Bronze Cross (12+ years)

In this class participants will learn the difference between lifesaving and life guarding. Learn the principles of emergency care, teamwork and use of specialized equipment and the introduction to safe supervision in aquatic facilities.

Prerequisites are: Bronze Medallion, Standard First Aid / CPR C

National Lifeguard (15+ years)

In this program for youth and adults, participants will develop an understanding of lifeguarding principles and content specific to the working pool environment. National Lifeguard is the only nationally recognized lifeguard certification program and is valid in all provinces as a legal certification for lifeguarding throughout Canada.

Prerequisites: 15 years of age, Bronze Cross and Standard First Aid / CPR C

Recertification classes are also available.



Youth

(12 to 17 years)

Fee assistance is available through the
Fee Assistance in Recreation Program

Aquatics

Red Cross Blended Standard First Aid and CPR C / AED (12+ years)

Each blended learning course is divided into two components: participants first complete a self-paced online component, then successfully complete an instructor-led classroom session to achieve a Standard First Aid / CPR C / AED certification.

Recertification classes are also available.



Teen (12 to 17 years)

Participants can start with the basics by learning to swim on both front and back, do jump entries from the side and recover an object from the bottom in chest-deep water. Level two focuses on performing dive entries, stride entries and compact jumps. Learn treading and refine your front crawl, back crawl, and breaststroke, while increasing your endurance to complete a 300 m workout and 25-50 m sprint. Fitness level promotes and encourages fitness through the sport of swimming with basic workouts.



Swim Instructor (15+ years)

This course prepares the instructor to teach and evaluate basic swim strokes and related skills. Participants will acquire proven teaching methods, a variety of stroke development drills and correction techniques. Current Swim Instructors teach candidate in all levels of the Swim for Life and Canadian Swim Patrol programs.

Lifesaving Instructor (15+ years)

This course prepares individuals to organize, plan, teach and evaluate lifesaving and first aid skills and resuscitation techniques in the Society's lifesaving and first aid awards.

Adult

(15 to 99+ years)

Fee assistance is available through the
Fee Assistance in Recreation Program

Aquatics

Adult (18+ years)

Beginners work towards a 10–15 metre swim on front and back. Perform side jump entries and recover an object from the bottom in chest-deep water. Improve fitness and flutter kick with interval training. Higher levels focus on perform dive entries, stride entries, compact jumps and treading. Refine your front crawl, back crawl, and breaststroke, while increasing endurance. Fitness course encourages fitness through the sport of swimming through stroke improvement and basic workouts.

AquaFit (15+ years)

A fun exercise program that combines the benefits of shallow and deep water. Emphasis is on cardiovascular fitness, conditioning and toning.

Use Your Noodle (15+ years)

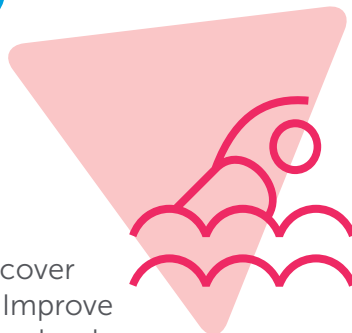
Gentle full body workout with pool noodles in warm water. Improve posture, stretch muscles, develop muscular strength and work the cardiovascular system.

Deep Water AquaFit (15+ years)

Held in deep water with flotation belts to eliminate impact on joints. Great for core strength balance.

Forever Fit (15+ years)

Activities include range of motion, core strength, cardio, balance, flexibility, and strength training designed to improve health.



Hip, Knee and Back (15+ years)

Great for adults with hip and knee pain. Focus is on range of motion for the joints, muscle conditioning, balance, and postural training.

Lengths (10+ years)

Pool lanes are divided for swimming continuous lengths.

Soak and Stretch (18+ years)

Work through prescribed exercises or simply enjoy the benefits of the warm water of the leisure pool.

Strong and Steady (15+ years)

Improve strength, balance, and flexibility to support recovery from a fall. Warm water is an ideal, safe environment to improve agility, strength, and coordination.

Therapeutic Aquatics (15+ years)

Improve posture, stretch muscles, develop muscular strength, and work the cardiovascular system through a variety of function and mobility exercises.

Water Walking (18+ years)

Enjoy self-guided time in the lane pool. Use a flotation belt for support to eliminate any impacts on your joints. Enjoy the social aspects of this friendly and relaxing aquatic environment.



Adult

(15 to 99+ years)

Arts and creative development

Woodcarving - Chickadee Carving Project

Come and create a beautiful piece of art from one of earth's natural elements in a stress free and fun environment. Our instructor, Anita Foran resides in St. Catharines and is a wood and soapstone carving enthusiast. While growing up in Port Dalhousie her father instilled, encouraged and nurtured an early love for nature that provides the inspiration for her carvings. Anita is a member of the Niagara Wood Carvers and has been carving for over 25 years and enjoys encouraging others in sharing her passion

Fitness

Adult Ballet

Join our instructor Jena for a beginner level class suitable for people who have danced in the past or are new to the form.

This class focuses on the basics of ballet technique with a classic ballet class format. We perform a set of exercises at the barre and then in the centre to classical ballet music.

Please bring a ballet shoe of some sort or a soft shoe to dance in.

Fitness Circuit Training

Get moving with multiple exercises designed to improve your overall fitness and cardio levels in a circuit style program. A certified fitness instructor will challenge you to achieve personal goals.

Check out the recreation calendar at
stcatharines.ca/ActiveSTC
for drop-in recreation opportunities

Barre Fit

Barre Fit is a fitness class inspired by ballet technique and taught by our instructor Jena.

This class focuses on total body strength and mobility using bodyweight, bands, and light weights. We will also concentrate on deep core muscles and posture. Barre is a low to medium impact class suitable for all ages and is guaranteed to make you sweat!

Please bring a yoga mat.

Boogie Nights - Low Impact Dance Fitness

Boogie Nights! Low Impact is a fabulous way to get fit, have fun, and just BOOGIE! This dance fitness class is specially devised for older active adults looking for a lower-intensity class who still want to enjoy their workouts.

There is a new theme each week; this applies to the music and style of dance. Expect an hour of cardio and strength training while we build choreography throughout the class to a final dance at the end. This class is suitable for all levels.

Intro to Mat Pilates

In partnership with Compassionate Body Pilates, learn the basic principles of Pilates and see how the mat exercises can be modified to each individual.

Develop strength, flexibility, and body awareness which will help you move with ease in your daily life.

Adult

(15 to 99+ years)

Fitness

Kick Fit - Kickboxing Fitness

Non-combat kickboxing moves that will tone and sculpt your body as well as increase your cardio, balance and flexibility. This fun for everyone class will firm your body for a happier, healthier lifestyle. Gloves and pads are provided.

Learn To Run

Learn to Run The Right Way, From the Start New to running or starting fresh after time off This beginner-friendly program is designed to help you build confidence, avoid injury, and develop lasting habits from day one. Led by Kevin Moore of Kinplus Kinesiology, you'll get more than just a running plan. Each session includes proper warm-ups, cool-downs, and coaching to help you move better, run smarter, and stay pain-free. You'll also get simple at-home exercises to strengthen the muscles that support efficient, injury-resistant running. Whether your goal is to finish your first 5K or simply feel stronger on your feet, this program gives you a smart, realistic foundation to thrive!

Pound Fitness - Port Weller

Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements in partnership with Rhythm Fitness Niagara. Using Ripstix®, lightly weighted drumsticks, POUND transforms drumming into an incredibly effective, fun, and sweat-dripping working out. Sticks provided, please bring a yoga mat.

Sports

Fencing

Fencing is a classic art. Learn to master the basic techniques with all the benefits of cardio exercise. This program will improve lower body strength and speed, as well as hand-eye coordination. This sport develops concentration, agility and precision. Instructors are certified.

Pickleball - Beginner Intro Clinic

With a focus on basic technique, and paddle/court positioning participants will get comfortable hitting the ball, and move around the court. Participants will also learn the rules and scoring of the game. Join us to meet other players at the same level and learn the game. 1 hour of exercises, plus 1 hour of game implementation.

Pickleball - Semi Private Lessons

Looking to level up a specific aspect of your pickleball game? Need some help with a tricky shot? Then sign up for these limited semi-private lessons.

Get three weeks of semi-private lessons to get some specific attention and instruction to improve your pickleball game.

New to the game, and want to learn the basics? Check out our Pickleball - Beginner Intro Clinic programs



All Ages

(0 to 99+ years)

Fee assistance is available through the
Fee Assistance in Recreation Program

Aquatics

Leisure Swim (all ages)

Leisure Swims are an ideal activity for people of all ages to play in an aquatic setting.

Arts and creative development

Woodcarving - Chickadee Carving Project

Come learn the basics of woodcarving by carving a cute chickadee. Our instructor, Anita Foran resides in St. Catharines and is a wood and soapstone carving enthusiast. While growing up in Port Dalhousie her father instilled, encouraged and nurtured an early love for nature that provides the inspiration for her carvings. Anita is a member of the Niagara Wood Carvers, and has been carving for 25 years and enjoys encouraging others in sharing her passion.

Special Interest

Virtual Museum Lecture Series (all ages)

Audiences delve deeper into the history of St. Catharines and the Welland Canals in this bi-weekly series featuring museum historians and special guest experts from the community. Tune in to live online lectures from the comfort of your home. Participants must sign up in advance to receive the secure link to each lecture via email. For details on each Lecture, please visit the Museum events webpage.

