



Share your activity photos and videos to #StayActiveSTC and #StayActiveNiagara

# Alphabet Activity

## Checklist Challenge

- |                          |          |  |   |                          |          |  |   |
|--------------------------|----------|--|---|--------------------------|----------|--|---|
| <input type="checkbox"/> | <b>A</b> | Accept the alphabet activity challenge!            |    | <input type="checkbox"/> | <b>N</b> | Night time star gazing                   |    |
| <input type="checkbox"/> | <b>B</b> | Build a fort                                       |    | <input type="checkbox"/> | <b>O</b> | Organize your photos                     |    |
| <input type="checkbox"/> | <b>C</b> | Complete a puzzle                                  |   | <input type="checkbox"/> | <b>P</b> | Paper airplane contest                   |   |
| <input type="checkbox"/> | <b>D</b> | Dance to a favourite song                          |  | <input type="checkbox"/> | <b>Q</b> | Quiz your mind                           |  |
| <input type="checkbox"/> | <b>E</b> | Explore the earth online                           |  | <input type="checkbox"/> | <b>R</b> | Research your family tree                |  |
| <input type="checkbox"/> | <b>F</b> | Facetime a friend or relative                      |  | <input type="checkbox"/> | <b>S</b> | Snack on something healthy               |  |
| <input type="checkbox"/> | <b>G</b> | Go for a walk                                      |  | <input type="checkbox"/> | <b>T</b> | Take a selfie with a pet or piece of art |  |
| <input type="checkbox"/> | <b>H</b> | Have an indoor picnic                              |  | <input type="checkbox"/> | <b>U</b> | Unwind with a book or favourite show     |   |
| <input type="checkbox"/> | <b>I</b> | Invent a game                                      |   | <input type="checkbox"/> | <b>V</b> | Virtually tour a museum                  |   |
| <input type="checkbox"/> | <b>J</b> | Jump rope  |   | <input type="checkbox"/> | <b>W</b> | Write in a journal                       |   |
| <input type="checkbox"/> | <b>K</b> | Karaoke at home                                    |   | <input type="checkbox"/> | <b>X</b> | Xtreme clean a room                      |   |
| <input type="checkbox"/> | <b>L</b> | Learn a new skill (language, magic trick, origami) |   | <input type="checkbox"/> | <b>Y</b> | Yoga session                             |   |
| <input type="checkbox"/> | <b>M</b> | Meditate   |   | <input type="checkbox"/> | <b>Z</b> | (Catch some) ZZZ's                       |   |